

EXAMPLE MENU 2022

Wednesday lunch

- Penna amatriciana
- Gnocchi with Parmesan and pumpkin cream and balsamic dressing
- Pork escalope with lemon sauce
- Sliced chicken with rosemary

Wednesday dinner

- Spaghetti with garlic, oil and chilli
- Gramigna alla boscaiola
- Skewers of meat
- Braised beef with sauces



Thursday lunch

- Rigatoni alla carbonara
- Orecchiette with pesto and confit cherry tomatoes
- Grilled sausage and sauerkraut
- Chicken strips tempura

Thursday dinner

- Penne with red radicchio speck
- Cantonese rice
- Pork cheek
- Chicken with curry



Friday lunch

- Spaghetti with fresh tomato
- Sedanini with salmon and herbs
- Fish au gratin
- Grilled turkey with rosemary

Saturday lunch

- Spaghetti with tuna
- Pasta with ragu' "bolognese"
- Fish Mediterranean style
- Grilled beef (tagliata) with rocket and parmesan flake

Sunday lunch

- Pasta au gratin
- Tuffoli with broccoli , and toasted almonds
- Angus Hamburger
- Pork ribs bbq

Friday dinner

- White rice / yellow rice (saffron)
- Bolitas of bacalao
- Chicken piri piri (spicy)
- Grilled Meat mix
- Portuguese octopus
- (Pastel di nata)

Saturday dinner

- Rice with mix mushroom
- Mezze penne with four cheeses
- Pork fillet with caramelized onion
- Chicken strips with balsamic dressing and cherry tomato

Sunday dinner

- Spaghetti alla crudaiola (onion, tomato, basil, stracciatella cheese)
- Fusilli with asparagus and Parma ham
- Pork chop
- Roast beef with demi glacé sauce

